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TCCA Volunteers

Call the TCCA office to Register



Tipton County Commission on Aging

P.O. Box 631

Covington, TN 38019

www.tiptonaging.org

901-476-3333

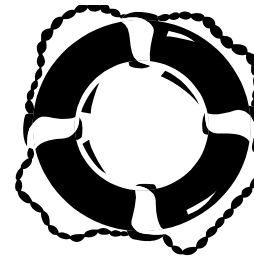
Our Mission

The Mission of the Tipton County Commission on Aging is to promote Independence, Wellness and Advocacy to Seniors, Caregivers and their families.

The Tipton County Commission on Aging

Proudly Sponsors

2010



Community Caregiver Conference

"Surviving Caregiving"

July 19 & 20, 2010

Dyersburg State Community College

Jimmy Naifeh Campus, Covington

Featured Guest Speakers

Teepa Snow

Ruthann Shelton

Schedule of Events

Monday, July 19, 2010

- 8:30 Registration
- 9:00 Understanding the Different Dementias
- 10:00 Break
- 10:15 Looking at What Causes People with Dementia to Do What They Do: Background, Current Status, Environment and Us!
- 11:30 Lunch on your own
- 1:00 How Can We Help Better? Changing Our Approach, Behavior, Words & Care AND Looking at the Environment What is Happening Where
- 2:00 Break
- 2:15 Keeping Your Sense of Humor—Finding Joy in Caregiving
- 3:30 Q & A and Evaluations

Monday Evening Session

- 6:00 Registration
- 6:30 Understanding Dementia for Family and Community Caregivers

Tuesday, July 20, 2010

- 8:30 Registration
- 9:00 Understanding for Family & Community Caregivers
- 10:15 Break
- 10:30 Keeping Your Sense of Humor—Finding Joy in Caregiving
- 11:30 Evaluations
- 11:45 Lunch on your own
- 1:00 Virtual Dementia Training—Ruthann Shelton

Schedule and session topics may be subject to change

Featured Guest Speakers

Ruthann Shelton

Ruthann Shelton is the director of Alzheimer's Day Services of Memphis, Inc. She is on the Governor's Advisory Committee for Adult Day Programs of Tennessee, the Governor's Task Force on Alzheimer's Disease in Tennessee and an officer with the Tennessee Association of Adult Day Services. She has served on the MIFA Senior Companion Program Advisory Council and was a delegate for the 2005 White House Conference on Aging.

Teepa Snow

Teepa Snow is an occupational therapist with over 28 years of practice experience in geriatrics and dementia care. She has an independent practice and works as a dementia care and training specialist for the Alzheimer's Association and a Consulting Associate for Duke University's School of Nursing. She attended Duke University as an undergraduate and then received her master's degree in OT from the University of North Carolina in Chapel Hill. Since then, she has taught at the School of Medicine in Chapel Hill, NC, directed an OTA program at Durham Tech, and served as the Education Director of the Alzheimer's Association on Eastern NC, among many other activities. Teepa is a Fellow of the American Occupational Therapy Association and has received statewide, regional, and national recognition for her expertise in training, geriatrics, dementia care and care delivery.