



VOLUNTEERING

GIVE TCCA A HAND!!

We have many opportunities to serve at TCCA.

Facilitate a program of your choice,

Do you have a talent? embroidery, crochet, knitting, art, music, etc. Come teach others.

Give support to our office staff, by answering the phones, filing, data entry, etc.

Senior Center Volunteers Rock-Come give us a hand.

Call us with your new ideas and suggestions!

Help a child grow independent by joining the Senior Listeners or Senior Pen Pals.

You may ride on our van for a friendly visit to the nursing home, to make a special day for those in our community.

Our Telephone Assurance volunteers make calls to give much needed support to community caregivers and shut-ins.

Please call Darlene
476-3333

5th Annual

Tipton County Senior Talent Revue
April 11, 2010, 2:00 p.m.
Sunday afternoon

On stage at the Historic Ruffin Theatre
On the Square
In Covington, TN

Admission: \$5.00
Children age 3 & under
Free

HANDS that serve, **HEARTS** that care!

Thanks for contributing to our success.

We are glad we can count on you!

Volunteer Appreciation!!
Open House Meeting Room

Downstairs
Thursday
April 15, 2010
11:00 am-1:pm

Rescheduled

Community Caregiver's Conference
July 19 & 20 **Call 476-3333**

"Surviving Caregiving"

Dyersburg State Community College-Covington

Guest Speakers:

TEEPA SNOW

RUTHANN SHELTON

Family Caregiver Support/
Wellness Group Meetings

Call 476-3333

Come join us for computer classes May 6- June 18

For more information call
476-3333

A BIG THANKS TO YOU ALL!!!